Lenovo™

Lenovo Fitness Band
HX03W

Colorful screen

Touch Point — Buckle
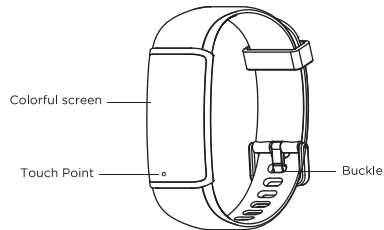

>>Instruction
[on/off]
Long press the touch button: the band is off. Long press the touch button for about 3 seconds to turn it on.
Long press the touch key to enter the secondary menu or confirm the selection of each function interface.
Short press the touch button: long press the touch button for about 3 seconds in the detail interface ⚙, and then press the touch button to adjust the main menu selection,
the band is off.When it is ON status,short press the button and switch to the corresponding interface as your whoice.
[Switch interface]
Long press the touch key in the main interface for about 3 seconds to switch the main interface style.

>>Start to use
Please check the package accessories before use, and then peel off the protective film on the screen.
Step 1: before use, please make sure the device has sufficient power. If the power is too low to start, please follow the following instructions
Charge the battery before use.Please connect the charging with standard USB port of 5V output adapter or computer .Charging icon is displayed on the band screen when charging, and the band will display icon of fully charged.
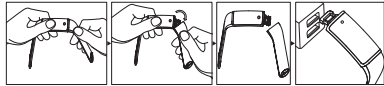
Step 2: On and wear
Hold the touch button for about 3 seconds and turn on the band;put your watch on your arm at your comfortable need.
Close the sensor to the skin and avoid unnecessory movement.

Please wear the band correctly

wrist joints

Heart rate sensor
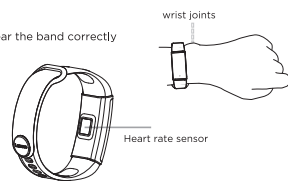
Step 3: download and install the smartphone app
Note: minimum requirements for mobile phone system, you need to use Android 4.4+ or IOS 8.0 and above Last version, bluetooth 4.2 or above.Android users should follow the APP's instructions exactly Install and ensure all permission requests for the APP are allowed.Otherwise the APP can not be normal use, resulting in band connection failure, bluetooth communication problems.
After the installation is completed, the main menu of the phone will appear an icon of Lenovo life.Click Lenovo life and follow the instruction of the APP to complete user registration,permission and other actions.

Apple Store   Google Play

Step 4: connect the band to the phone to synchronize information
To connect the smart babnd to the smart phone normally, please make sure the bluetooth is ON.
Click "lenovo life" and log in successfully → click "add device" in "my" → smart band→ search device name "HX03W" for binding.After successful binding, APP
Automatically syncs the date, including steps, distance, calories burned, sleep, heart rate,etc.When the band is connected with the bluetooth of the mobile phone, the effective interactive distance of data transmission is within 10 meters.
Note: when IOS connects the band to the APP, click the bluetooth pairing request.
If you need to stop using the band on this phone, please unbind it from the phone.
Operational steps:
(1) Click "Lenovo life" → in "my" → click HX03W → unbind.
(2) Click mobile phone bluetooth → click "HX03W " right button ① → ignore this device.
> > statement
1. Charging voltage: 5V═1A
2. Recycling: the equipment has the selective classification symbol for waste electronic and electrical equipment (WEEE).

This means the product must be processed in accordance with EU directive 2012/19 / EU for recycling or Demolition to minimize environmental impact.
3. The equipment complies with the basic requirements of 2014/53 / EU and other relevant provisions.
4. This device complies with FCC rule part 15.The operation must meet the following 2 conditions:
(1) the equipment will not cause harmful interference.
(2) the equipment must accept any interference received, including interference that may cause accidental operation.
5. Working environment temperature: -10-60 ℃
Working frequency band: 2402-2480MHz
Maximum radio frequency power: <10mW

>>Caution:
1. Do not wear band to shower or swimming;
2. Do not replace the built-in battery;
3. Please use standard USB port to charge;
4. Please connect band with the phone first, and then synchronize the data;
5. Do not place the band in high temperature and humidity for a long time;And very low temperature envireonment may impact the normal function;

>>Function setting and operation:
Set smart reminders
After successfully binding the band, you can set the smart reminder function on or off at the APP.Select to on the required reminder function (call reminder, SMS reminder, QQ, WeChat, Facebook, etc.) when receiving a call or notification, the watch will vibrate to remind and display related message.

Steps: click lenovo life → my → HX03W → smart reminder.
Note: the default smart reminder of this product is set to "off", which should be turned on by users through APP Settings.First of all, you need to turn on the APP status bar notification function at top of the phone menu.
<Home menu > display time information, short press the touch button to enter the next interface;Hold for about 2 seconds to enter the < display menu> interface, there are 5 styles for you to choose.
< Sleep monitoring> wear band to sleep and the band will automatically detect the sleep status.Synchronization data is available in Lenovo Life APP.
< Step counting interface > displays the real-time accumulative amount of steps on that day;The time of day is defined as 0 a.m. to second day 0 a.m. as 24 hours;The cumulative number of steps taken during this 24-hour period will be clear at the next day 0 a.m.
< Heart rate monitoring interface > can manually on the heart rate testing function,switch the heart rate interface and wait for 3 seconds, the heart rate icon will flash, and the sensor light on the back of the bracelet will light up, indicating testing.
After the heart rate test, the current heart rate value will be displayed after about 20 seconds, and then it will automatically exit the heart rate test.
You can also set automatic heart rate detection (turned off by default) through the APP on your phone to detect your heart rate test and synchronize the results.
< Running mode interface > long press in this mode to enter running mode to record calories,
heart rate and time.In running mode, the heart rate will always be in working status, and this mode consumes more power, please ensure sufficient battery of the band before exercise;

< INFO > long press the touch button in this interface to set anti-sleep function, you can set off,view the firmware version and return menu.
>>FAQ:
1. How to charge the device?
This device adopts contact charging, you just need to put the device on the charging base correctly, and use 5V-1A power supply is enough to power the charging base, which can be supported by computer USB port and adapter.
2. APP displays no data?
The drop-down APP can refresh the data (for a time depending on the size of the data) if it is long time no data synchronization, please check the power of the device, timely charge and restart the bluetooth of the mobile phone system.
3. After binding the device, bluetooth is not connected?
If the bluetooth is disconnected, you need to on the APP to automatically connect the paired devices.Please make sure that bluetooth is on. If the device has been unbind, please rebind.one device can only be connected to a phone at the same time.
4. Unable to connect the band
RE: following the right steps is the key to a successful connection.If you fail to connect,
Please read carefully and follow the steps below.
Step 1: please confirm whether the band has bluetooth symbol first, if yes,please open the system Settings of iPhone -bluetooth-HX03F and click the right button of HX03W.
And choose to ignore this device.
The bluetooth symbol on the watch will disappear.Then go to step two.
If no bluetooth symbol is displayed:

First make sure to turn on the bluetooth (consult your smartphone manufatureer to mobile phone bluetooth enabled method).
2nd, make sure you download and successfully install Lenovo Life APP on your smartphone.
3rd, run Lenovo Life on your smartphone and click on my -> to add device ->smartband->HX03W, after searching and click your smartband in the list.
The phone will connect with the band successfully.If bluetooth pairing icon appears, please click to bind.
After connection, bluetooth symbol appears on the menu, and lenovo life APP will automatically change the date, time and excercise data,such as heart rate data are displayed synchronously on the APP function page.

Environmental,recycling,and disposal inrormation

General recycling statement

Lenovo encourages owners of information technology (IT) equipment to Responsibly recycle their equipment when it is no longer needed,Lenovo offers a variety of programs and services to assist equipment Owners in recycling their IT products.

Important WEEE information

Electrical and electronic equipment marked with the sym bol of a crossed-Out wheeled bin may not be disposed as unsorted municipal waste. Waste of electrical and electro nic equipment (WEEE)shall be treated separately Using the collection framework available to customers for the reurn,Recycling,and treatment of WEEE.

Service call :+86 400-6506-635

LENOVO HX03W

BG Изтегпете тук ръководство CS Stáhněte si zde manuál DA Download her manual DE Laden Sie hier das Handbuch herunter EL Κατεβάστε εδώ το εγχειρίδιο EN Download here manual ES Descargue aquí el manual ET Laadige alla siit kasutusjuhend FI Lataa tästä käyttöohje FR Téléchargez ici le manuel HR Preuzmite ovdje priručnik HU Töltse le a kézikönyvet IT scarica qui il manuale LT Atsisiųskite čia vadovą LV Lejupielādējiet šeit rokasgrāmatu NL Download hier de handleiding PL Pobierz tutaj instrukcję PT Baixe aqui o manual RO Descarcă aici manualul RU Скачать здесь руководство SH Преузмите овде приручник SK Stiahnite si tu manuál SL Prenesite tukaj priročnik SV Ladda ner manualen här