

Lenovo R1 USER MANUAL



Lenovo

Downloading the App

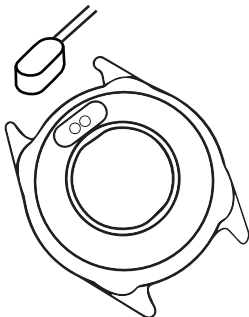
Scan the following QR code, download and install the App.



Scan QR Code and Download

Charging and Active

Charging the device to active before the first time using;
To charge your device, plug the charging cable into the
adapter or USB port on your computer.



Pairing

Open the App and set up your profile



Go to the 「Device」 , Click 「Add a Device」



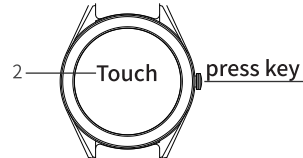
Choose your device on the scanning list



Finish

Long press the [time page] on your device, go to the detail page.
The MAC address on the detail page could help you identify your
device on the scanning list.
After bind the device, the watch will connect to your phone Aut
omatically as long as you open the app every time, and you just
need to pull the date page down, this will sync its data.

Smart Watch Features



1. Keys: Long press to enter into the main page, and one key returns to the main interface when you make it on the other pages. Long press to turn it off when its open.

2. Touch screen: Switch functions by sliding up and down (Please refer to the function introduction for details), single touch to get into sub-menu, By switching left and right or returning functions

Notes: a. Enter the heart rate measurement page to actively measure the heart rate and single touch to make it stop, you can change the page by switch. b. Enter the dial switch, long press to switch it. c. Turn into the brightness control to adjust its level through single touch.

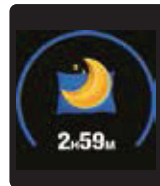
Smart Watch Features



Sports

Smart Watch automatically tracks Steps taken, Calories burned, Distance traveled and display these on the screen.

NOTE: Your movement stats reset to zero at midnight.

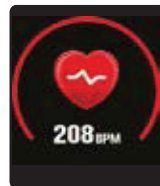


Sleep

If you keep wearing Smart Watch in your sleep, it can provide the hours slept and quality of sleep stats on both the screen and the APP.

NOTE: Sleep stats reset to zero at 8:00 pm.

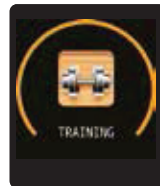
Smart Watch Features



Heart Rate Test

Long press the heart rate page to start measuring your heart rate.

On the heart rate page, it can show the heart rate measured data of the last 7-times.



Training

Long press on the training page to start a new training measure recording, there are 8 sport modes to be chosen.

The last training recording will be shown on the training page.

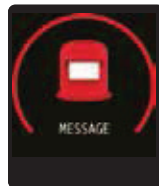
Smart Watch Features



Weather

It could show the weather info of current and tomorrow on the weather page.

Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.



Messages Reminder

The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.

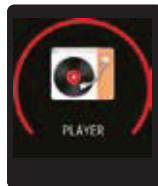
Recently 3 messages can be stored.
Note: You can switch on/off the incoming notification in the APP.

Smart Watch Features



Remote Shutter

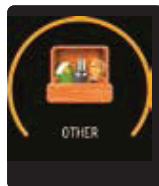
After connecting the device can remote control the camera on your phone.



Music Play Contraller

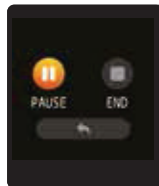
After connecting the device can remote control the music player on your phone.

Smart Watch Features



Other Features

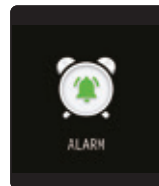
Other features include stopwatch, brightness adjustment, mute mode, factory reset, and power off.



Stop Watch

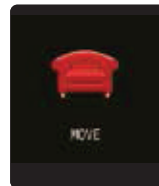
Long press on the stopwatch page to start timing, and long press again to stop timing.

Smart Watch Features



Silent Alarms

Set up the alarm on the APP, the device will vibrate to remind on time. You can set up three alarm at most



Remind to Move

The device will vibrate to remind you to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.

Getting to Know Your Device

1.Using in Wet Conditions

Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout.

NOTE: Do not swim with your Smart Watch. We also don't recommend showering with your wristband; though the water won't hurt the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your bracelet wet, dry it thoroughly before putting it back on.

2.Information Push

Iphone setting:

1. Make sure that the app opened the notification.
2. Make sure all the messages are displayed in the notification bar (you need to find the notification in phone setting, so that open the notification like Wechat, QQ, call and messages.)

General Info & Specifications

Android setting:

1. Make sure that the app opened the notification.
2. Make sure all the messages are displayed in the notification bar, message notification is to push messages by reading the notification bar of mobile phone. Otherwise, the watch unable to accept push information. (you need to find the notification in phone setting, so that open the notification like Wechat, QQ, call and messages.)
3. Turn on the Auxiliary function in the app (To find out the Auxiliary function from the phone setting and open it through App)

Smart watch R1

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